

# Christian Heights Nursing & Rehabilitation | January 2021 Calendar

FRIDAY

SATURDAY

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

**1** NEW YEAR'S DAY  
10:00 RESIDENT'S CHOICE  
\*NEWSPAPER HOUR  
1:00 COFFEE/ TEA CART  
2:00 HALLWAY BEAN BAG  
TOSS

**2** CART 10:45 "GUESS THAT  
PRICE" 1:15 TASTE TESTING  
2:00 PORCH VISITS  
(DEPENDING ON THE  
WEATHER)  
6:00 TIMELESS TRIVIA

**3**  
9:45 HALLWAY RING TOSS  
10:15 ROCK ART  
1:00 MYSTERY AUCTION  
2:00 SCHOOL DAYS  
REMINISCING  
3:00 SENSORY  
STIMULATION RESIDENTS

**4**  
10:00 FAVORITE TELEVISION  
SHOWS  
1:00 EN THINGS YOUR  
GRATEFUL FOR  
3:00 WORD SEARCH  
PUZZLES

**5**  
9:45 TOSS & TALK  
10:00 SCRABBLE  
1:30 HALLWAY BINGO

**6**  
10:00 RESIDENT'S CHOICE  
\*NEWSPAPER HOUR  
1:00 COFFEE/ TEA CART  
2:00 HALLWAY BEAN BAG  
TOSS

**7**  
10:00 MUSIC THERAPY  
1:00 MAGAZINE/ BOOK CART  
3:00 JIGSAW PUZZLES

**8**  
9:45 SCARF EXERCISE  
10:00 RIDDLES  
3:00 ROOM-ROOM  
RESIDENT COUNCIL

**9**  
10:45 HYDRATION CART  
1:00 NOODLE BALL  
2:00 PORCH VISITS  
(DEPENDING ON THE  
WEATHER)

**10**  
9:45 RANGE OF MOTION  
10:00 PORCH VISITS  
(DEPENDING ON THE  
WEATHER)  
1:00 WEAVING LOOM  
CRAFTING 3:00 ICE CREAM  
CART  
6:00 CURRENT EVENTS/  
17

**11**  
9:30 15 MINUTE STRETCHES  
10:00 MANICURES  
1:30 POPCORN/ SODA CART  
RACES 3:30 PORCH VISITS

**12**  
WEATHER)  
10:00 WORD SEARCH  
PUZZLES \*NEWSPAPER  
HOUR  
1:00 BASKETBALL TOSS  
3:00 FRIEND & ME BOARD  
GAMES

**13**  
DEPENDING ON THE  
WEATHER)  
9:45 MOOVIN' & GROOVIN  
10:15 "CRAZY EIGHTS"  
10:45 SWEET SHOP  
1:00 SURPRISE BALL

**14**  
9:30 15 MINUTE STRETCHES  
10:00 MANICURES  
1:30 POPCORN/ SODA CART  
RACES 3:30 PORCH VISITS

**15**  
9:30 POPCORN TOSS  
10:00 GETTING TO KNOW  
GAME 1:00 35 BUTTON  
CRAFT 3:00 LEGO THERAPY  
6:00 CARD GAMES

**16**  
YOU JENGA  
1:00 VIRTUAL SCAVENGER  
HUNT  
2:15 GUESS HOW MANY  
3:00 FROZEN LEMONADE  
CART PORCH VISITS  
(DEPENDING ON THE  
WEATHER)

**17**  
10:00 "WHAT'S IN THE BAG?"  
1:00 MAGAZINE/ GOSPEL  
MUSIC CART  
3:00 BIBLE JEOPARDY  
9:45 DARTS

**18**  
10:00 MUSIC THERAPY  
1:00 MAGAZINE/ BOOK CART  
3:00 JIGSAW PUZZLES

**19**  
9:45 HALLWAY RING TOSS  
10:15 ROCK ART  
1:00 MYSTERY AUCTION  
2:00 SCHOOL DAYS  
REMINISCING 3:00  
SENSORY STIMULATION  
RESIDENTS

**20**  
9:30 RANGE OF MOTION  
10:00 MANICURES/ SPA DAY  
1:30 POPCORN/ FLOATS  
2:30 HALLWAY BINGO  
PORCH VISITS (DEPENDING  
ON THE

**21**  
GAME 1:00 35 BUTTON  
CRAFT 3:00 LEGO THERAPY  
6:00 CARD GAMES

**22**  
9:30 15 MINUTE STRETCHES  
10:00 MANICURES  
1:30 POPCORN/ SODA CART  
RACES 3:30 PORCH VISITS

**23**  
10:00 SUMMER DAY  
RIDDLES 1:00 HALLWAY  
TRACK STARS 2:00 TIC TAC  
TOE  
3:00 80'S TRIVA PORCH  
VISITS (DEPENDING ON THE  
WEATHER)

**24**  
10:00 COFFEE/ TEA CART  
1:00 BIBLE READING  
3:00 WORD SEARCH  
PUZZLES

**25**  
9:30 BEAN BAG TOSS  
10:00 JIGSAW PUZZLES  
1:00 PRINT ART  
2:00 PORCH VISITS

**26**  
9:30 15 MINUTE STRETCHES  
SOUND" 1:00 DIY CRAFT  
2:00 DECK OF CARD  
MATCHING 3:00 THEN AND  
NOW PORCH VISITS  
(DEPENDING ON THE  
WEATHER)

**27**  
9:30 BEAN BAG TOSS  
10:00 JIGSAW PUZZLES  
1:00 PRINT ART  
2:00 PORCH VISITS

**28**  
9:30 HALLWAY EXERCISE  
10:00 "ROLL A DICE &  
SHARE A SLICE"  
1:00 SLIME STIMULATION  
2:00 MATCH UPS

**29**  
9:45 HALLWAY RING TOSS  
10:15 ROCK ART  
1:00 MYSTERY AUCTION  
2:00 SCHOOL DAYS  
REMINISCING 3:00  
SENSORY STIMULATION  
RESIDENTS

**30**  
9:45 MUSICAL BALL  
10:00 ISPY BOTTLE  
1:00 RESIDENT'S CHOICE  
2:00 PORCH VISITS/  
SLUSHIE'S (DEPENDING ON  
THE WEATHER)

**31**  
10:00 FAVORITE TELEVISION  
SHOWS  
1:00 "CRAZY EIGHTS"  
3:00 RESIDENT'S CHOICE  
\*\* CALENDAR SUBJECT TO  
CHANGE

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