

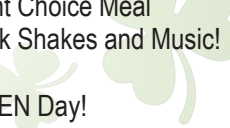



Christian Heights Nursing and Rehab | March 2023 Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Smoking Times: 8am 1pm 4pm 7pm (Weather Permitting)	Always Available Activities in Living Room. - Cards - Books - Board Games - Puzzles - Worksheets	Calendar and Times are Subject to Change. Weather Permitting some Activities will take place outside.	1 8:45am - Devotional and News 9:30am - Sit and Be Fit! 10am - Fancy Nails 11am - Bingo 2pm - Trivia on Front Porch (Weather Permitting)	2 9:30am -Coffee and Chat 10:30am - Parachute with Music 11:30am - Name 5 2pm - Movie and Snacks 5pm - Piano Music with Dinner	3 9:30am - Fun Facts 10am - Basketball Toss 10:30am - Bible Study 11:30am - Charades 2pm - Karaoke on Front Porch (Weather Permitting)	4 10am - Bible Study w/Llyod Byron 11:30am - Trivia 2pm - Movie and Snacks - Basketball Game of Choice
5 Live Stream Service of your Choice in Dining Rm. - Independent Activities of your choice -Basketball Game of Choice	6 8:45am - Devotional and News 9:30am - Chair Yoga 10am - Bowling 11am - Bingo 2pm - Hedbanz	7 9:30am - Past and Current Events 10am - Sit and Be Fit! 10:30am - Board Games of Choice 11:30am - Name 5 2pm - Bible Study	8 9:30am - Coffee and Chat 10am - Move and Groove 10:30am - Resident Council 11:30am - Name that Scent 2pm - Arts and Crafts (Festival of Colors)	9 9:30am - News and Gratitude 10am - Bingocise 11am - Whats that Texture 2pm -Bingo on the Hall - Basketball Game of Choice	10 8:45am - Devotional and News 9:30am - Chair Yoga 10am - Sassy Nails 11:30am - Middle Name Pride 2pm - Karaoke	11 9am - Devotional and News 9:30am - Sittersice 10am - Reminiscing on Front Porch (Weather Permitting) 2pm - Dominoes in the Dining Rm. Dream Day!
12 DAYLIGHT SAVING TIME BEGINS Live Stream Church Service of your Choice 1pm - St. Bethlehem Youth - Basketball Game of Choice Set Clocks up 1hr! 	13 8:45am - Devotional and News 9:30am - Move and Groove 10am - Arts and Crafts 11:30am - Tell your best joke 2pm - Bingo 5pm - Movie of Choice with Dinner	14 9am - News 10am - Price is Right 11am - Music of Choice 2pm - Let's Make a Deal -Basketball Game of Choice	15 9:30am - Current Events 10am - Exercise Surprise 10:30am - Sassy Nails 1:30pm - Bingo w/ Kim 3pm - Toss and Talk 5pm - Soft Music with Dinner	16 9:30am -News and Gratitude 10am - Irish Bowling 10:30am - Search for the 4 Leaf Clover 11:30am - Pictionary 2pm - Bible Study	17 ST. PATRICK'S DAY 8:45am - Devotional and News 9:30am - Leprechaun Workout  10am - Don't Steal me Gold 11am - St. Patrick Day Trivia 12pm - Resident Choice Meal 2pm - Shamrock Shakes and Music! Wear GREEN Day! 	18 Activity Worksheets Basketball Game of Choice
19 - Live Stream Service of Choice in Dining Rm 2pm - Independent card games with Friends in Dining Rm 6pm - Roy and Friends	20 SPRING BEGINS 8:45am - Devotional and News 9:30am - Corn Hole 10am - Arts/Crafts 11am - Bingo 2pm - Enjoy a Cocktail on Front Porch (Weather Permitting) 	21 9:30am - Coffee and Chat 10:30am - Parachute w/Music 11am - Front Porch Visit(Weather Permitting) 2pm - Bible Study w/Bro. Andy	22 9:30am - Current Events 10am - Bingocise 2pm - Karaoke on the Front Porch (Weather Permitting) National Sing out Day!	23 8:45am - News and Gratitude 9:30am - Move and Groove 10:30am - Search for the 4 Leaf Clover 11:30am - Guess Who 2pm - Ice Cream Social on Front Porch (Weather Permitting) March Madness Begins!	24 8:45am - Devotional and News 10am - Spa Day! 2pm - Happy Hour! National Puppy Day!	25 Activity Worksheets March Madness Basketball
26 - Independent Puzzles of choice 3pm - Pembroke Baptist Church -Basketball Game of Choice Wear Purple Day!	27 8:45am - Devotional and News 9:30am - Basketball Toss 10am - Snacks on the Front Porch (Weather Permitting) 2pm - Bingo	28 9:30am - Coffee and Chat 10am - Sit and Be Fit! 10:30am - Trivia Pursuit on Front Porch (Weather Permitting) 2pm - Bible Study 5pm - Dinner and a Movie of Choice	29 9:30am - Past and Current Events 10am - Move and Groove 10:30am - Dominoes 11:30am - Music of Choice 2pm - Arts/Crafts	30 9:30am - News and Gratitude 10am - Sit and Be Fit! 10:30am - Sassy Nails 2pm - Gossip on the Rocks	31 8:45am - Devotional and News 9:30am - Chair Yoga 10am - Arts and Crafts 11am - Whats in the Bag 2pm - Glow in the Dark Resident Birthday Party! 6pm - Movie of Choice Crayola Crayon Day!	